

Tuesday		Wednesday		Thursday		Friday	
2		3		4		5	
Baked Ziti Mixed Veggies Garden Salad Fresh Fruit <u>Bone Builders 9:30</u>	Baked Fish w/ Rice Mixed Veggies Garden Salad Fruit Salad <u>Card Playing 1:00</u>	Sloppy Joes w/ ground Turkey Home Fries Beets Jello w/ fruit <u>Bone Builders 9:30</u>	Quiche w/ Veggies and Cheese Cucumber & Tomato Salad Fruit Salad Muffin	9		10	
Steak and Cheese Sandwich w/ Peppers and Onions Garden Salad Fruit Salad <u>Bone Builders 9:30</u>	Pork Parmesan w/ Pasta & Sauce Mixed Veggies Berries <u>Card Playing 1:00 PM</u>	Chicken & Biscuits Peas & Carrots Mashed Potatoes Pineapple Tidbits <u>Bone Builders 9:30</u>	Chef Salad w/ Chicken Yogurt Muffin Fruit Salad	16		17	
Haluski Ham w/ Cabbage, Carrots, and Onions Buttered Noodles Mandarin Oranges <u>Bone Builders 9:30</u>	Shepherd's Pie Mixed Veggies Fruit Crisp <u>Card Playing 1:00 PM</u>	Sliced Turkey w/ Gravy Mashed Sweet Potatoes Stuffing Green Beans Cranberry Sauce <u>Bone Builders 9:30</u>	Mac and Cheese Stewed Tomatoes Broccoli Pears	23		24	
Turkey Burgers 3 Bean Salad Garden Salad Fruit Salad <u>Bone Builders 9:30</u>	Meatloaf Mashed Potatoes Broccoli Fruit Crisp <u>Card Playing 1:00 PM</u>	Sweet & Sour Chicken w/ Mixed Veggies Brown Rice Garden Salad Fruit Salad <u>Bone Builders 9:30</u>	Roast Pork w/ Gravy Mashed Sweet Potatoes Brussels Sprouts Strawberry Shortcake	30		31	
Scrambled Eggs Sausage Home Fries w/ Peppers & Onions Fruit Salad Zucchini Muffin <u>Bone Builders 9:30</u>	Beef Stroganoff w/ Noodles Carrots Garden Salad Fresh Fruit <u>Card Playing 1:00 PM</u>						

Menu is subject to change without notice due to product availability and Nutritionist. Garden Salads consist of Lettuce, Tomatoes, onion, peppers, eggs. Fruit Salad is pineapple, bananas, Strawberries, blueberries, grapes, and/or peaches, when available.